

Bridging work for prospective year 12

Attachment

We study the research by Bowlby and Ainsworth on attachment. Do some research online onto these two Psychologists to see what conclusions they have come to about the importance of childhood attachment.

Ainsworth

1. What different attachment types did Ainsworth come up with?
2. What are the different behaviours toddlers display for each attachment type?
3. How might these attachment types continue on into adult hood?
4. How might these attachment types affect romantic relationships?

Bowlby

1. How did Bowlby feel an attachment bond was formed with the caregiver?
2. What did he call this one special relationship?
3. What is 'maternal deprivation'?
4. How does this happen?
5. What are the consequences of maternal deprivation?

Psychopathology (mental illness)

Models of abnormality

Do some research into the models of abnormality.

1. How do we decide if someone has a mental illness?
2. Could there be potential problems with these models?
3. Can you name some different mental illnesses?
4. Do you know anyone who suffers with a mental illness?
5. If so, how do you feel about it?
6. What do you think causes mental illness?
7. How do you think mental illness impacts people's daily lives?
8. How do you think mental illness should be treated?

Stress

Do some research into Stress

1. What is stress?
2. What happens to our biological systems when we suffer from stress?
3. What causes it?
4. How can stress affect us long term?
5. Is there anything we can do about stress?